

Achieve



All Aboard the Arc



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Dozens of people gathered in Taunton on Sunday, April 29th to see off thirty-three yellow-shirted riders board the motor coach to Boston for All Aboard The Arc. At the John Hancock Hall, these riders represented those served by The Arc of Bristol County, and celebrated the great strides made for individuals with intellectual and developmental disabilities and their families.

All Aboard The Arc is the statewide signature event for The Arc in Massachusetts. 2012 marks the first year of involvement for The Arc of Bristol County. "We wanted to get involved to raise funds for our organization, and also to raise awareness that the need for assistance for families affected by disabilities is constant. The Arc is grateful to those who participated

in the event and the many sponsors of our riders," said Michael Andrade, President and CEO.

The All Aboard The Arc celebration was highlighted by a performance from Justin Hines, songwriter and musician who has Larsen Syndrome, a joint dislocation condition that confines him to a wheelchair. "The reality is I don't really look at my situation as that big a deal," Hines says. "We all have our things that challenge us, just some people's are a little more visible in the forefront. Mine is very apparent, whereas others wear it on the inside."

Busloads of participants from eleven Arc Chapters of Massachusetts took part in the activities of All Aboard The Arc.

Welcome



Dear Friends of The Arc,

We recently celebrated the 53rd Anniversary and were able to thank the many people who make this organization strong. We are proud to report that The Arc of Bristol County is respected as a leader in the field of disabilities and as an organization known for its innovative services and steadfast dedication to over 2,000 children and adults with intellectual and developmental disabilities and their families.

For 53 years, The Arc has built upon

a strong foundation, rooted in the passion and dedication of parents who came together with a common purpose: to ensure that their children with disabilities had the same opportunities in life that all children should be given. Their commitment - along with the growing number of parent groups with a similar cause throughout the country - helped to establish a movement that changed the long history of isolation and segregation for both children and adults with disabilities. We have much to celebrate relative to our accomplishments. However, we are closely watching possible dangers from system reform and managed care that could have negative consequences and take us backwards.

In this newsletter you will see that we have been celebrating at events throughout our region of support. On the next page you will find highlights of our Annual Report which we proudly share with you (the full report is available at www.arcnbc.org or at any Arc office). More events, workshops

and opportunities to get involved with our organization are listed on our website, in this newsletter, or through our email bulletins (register to receive e-news on our website). And if you are not already, please consider becoming a member of The Arc of Bristol County, so you can be counted among those who stand up for the rights of individuals with disabilities.

The strength of The Arc comes from empowered self-advocates, passionate families demanding services for their loved ones, devoted professional staff, and committed board members and community supporters/partners working together. On behalf of all of our stakeholders, I thank you for your ongoing support to The Arc's mission.

Sincerely,



Michael Andrade
President and CEO

Growing Potential



A Dinner Auction to benefit proAbility was held on Saturday, June 23, 2012 with a huge crowd of supporters at The Knights of Columbus Hall in North Providence. Great food, amazing prizes and an entertaining duo

of auctioneers made the night fun for everyone, while helping people with disabilities. proAbility, with its main office in Smithfield, provides life-changing services for children and adults with intellectual and developmental disabilities throughout Rhode Island.

Thanks to auctioneer Jack Martone, and his assistant Don Coyne for keeping the bids high and the audience laughing. Numerous volunteers helped the effort including Anita Hero, Sara Desjarlais, Nancy Martone, Sal Corio, Walt Ladia, Owen Williams and Patricia Kirby. Thanks to all our volunteers and the scores of sponsors who donated funds and great items for the auction. The

Knights of Columbus of North Providence were so helpful in making the night a memorable event. And last but not least, thanks to Deb Wood for dreaming up this event to help proAbility, then making that dream come true. On behalf of the many people you have helped already, thank you so much.



Annual Report Highlights

The Arc of Bristol County's 2012 Annual Report was released this June. Below please read the numbers of individuals being served by The Arc this past year. The full Report is available on our website www.arcnbc.org or call The Arc Administration Office (508) 226-1445 and request a copy.

BY THE NUMBERS

30 individuals supported in Individual Supports & Acquired Brain Injury Services
 10 individuals supported under MA Residential Supports
 5 individuals receiving RI Residential 24 hour Supports
 7 individuals receiving RI Residential Non-24 hour Supports
 458 individuals supported through Project Rec-Connect

32 individuals supported at Middleboro Day Habilitation Services
 21 individuals participating in RI Day and Employment Services
 14 individuals supported at Community Directions & New Bedford Resource Center
 200 children receive Educational Advocacy in New Bedford and Fall River
 8000 children have viewed "Kids on the Block" awareness puppet production
 31 individuals supported at the Fall River Resource Center
 40 individuals supported at Taunton Area Resource Center
 313 individuals receiving Family Support & SSQUAL Support Services
 22 individuals supported through the DESE/DDS program

28 children / teens supported through Project Kids Connect
 304 information & referral calls received by the Family Support Center
 19 children enrolled in RI Home Based Therapeutic Services
 19 children enrolled in RI Personal Assistance and Supports
 83 individuals participating in Adult Foster Care
 9 individuals enrolled in Shared Living Arrangement and SLA Respite
 293 individuals provided Guardianship, Conservatorships & Trusts Services
 118 individuals provided Representative Payee Services
 50 individuals received Flu Shots at our clinics

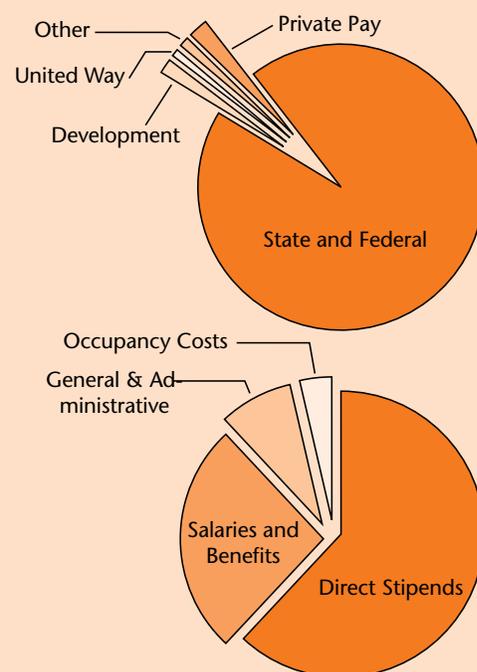
Fiscal Year 2011-2012

Revenue:

State and Federal	6,003,205	90.59%
Development	162,275	2.45%
Private Pay	204,615	3.09%
Other	135,520	2.05%
United Way	121,020	1.83%
Total Revenues	6,626,635	100.00%

Expenses:

Direct Stipends	3,757,639	57.62%
Salaries and Benefits	1,797,782	27.57%
General & Administrative	561,231	8.61%
Occupancy Costs	404,274	6.20%
Total Expenses	6,520,926	100.00%



This statement is summarized from our unaudited financial statement. At your request, we will provide our audited statement upon its completion.

The Arc Celebrates 53 years

Over 200 friends of The Arc gathered at the Holiday Inn Taunton for our 53rd Anniversary Celebration. Good food, great conversation and hearing of the wonderful services The Arc provides filled the evening. The highlights of the celebration were the many awards presented to outstanding champions of our organization and the people we serve.

Arc Spirit Award: Barbara Gauthier and Doreen Mallette



Barbara Gauthier was one of the founding members of The Arc's Human Rights Committee and has served as the

committee's medical professional for 14 years. She has consulted and volunteered countless hours on behalf of individuals with disabilities. In 2010, Barbara retired from nursing, and is now stepping down from the Human Rights Committee. The entire committee has submitted this nomination as a sign of gratitude for her committed service to the committee and The Arc.



Doreen Mallette has been an exemplary employee of The Arc for over 18 years. Her commitment to our

mission extends beyond her employment, as she takes her compassion for those we serve into the greater community.

Community Excellence Award: Best Buddies, Brennan Middle School and Best Buds, Wheaton College



Best Buddies at Brennan Middle School has successfully recruited between 35—50 students to be a buddy with special education students, under the direction of Caron Heller and Julie Mador. In 2011, Best Buddies at Brennan Middle School was awarded "Overall Outstanding Middle School Chapter in the World!" from Best Buddies International.



Best Buds at Wheaton College is a student run, Arc advised program through Project Rec-Connect. Each semester, Best Buds has recruited between 45-60 students willing to volunteer time to become a buddy to an individual from The Arc. Best Buds has received several student awards from Wheaton including "The Outstanding Club Innovations" award and the "Chapel Basement Collaborative Leadership" award.

Self Determination Awards: Therese Laporte and Erica Raposo



Therese Laporte has volunteered for The Arc of Bristol County and the Attleboro Arts Museum for over two years. When she's not volunteering, she is active with Project Rec-Connect and is especially involved with Best Buds from Wheaton College. Therese enjoys spending time with her family and her great-grand nieces and nephews.



Erica Raposo is an active participant at the Fall River Resource Center where she has helped other members become acclimated and form friendships. Erica enjoys volunteering daily at a local children's center, saying "this is what I have wanted to do all my life."

Family Leadership Choice Award: Family Advisory Council and Cindy Frederick



The Family Advisory Council is made up of members who have taken an active role in advising and assisting The Arc's Department of Child and Family Services. The FAC has also created a web site to help inform other families, and is a resource for families served by The Arc.



Cindy Frederick has reached out to other mom's who have children with disabilities and grown the Mom's Night

Out support group to outstanding numbers. Active in many of The Arc's services, she has taken it upon herself to recommend The Arc to other families who ultimately benefit from our organization.

The Distinguished Citizen Award: Deb Wood and Owen Williams



Deb Wood and Owen Williams are proAbility parents who volunteered their time and energy to coordinate, raise funds and host a children's and an adult's holiday parties for those served by proAbility. These parents continue to work with proAbility

to raise funds for recreation and activities for Rhode Island individuals with disabilities.

The Legislator of The Year Award: Congressman Jim McGovern



Congressman Jim McGovern has been a vital supporter of disability public policy issues in our nation's capital. Congressman

McGovern has always supported legislation on our behalf of individuals with intellectual disabilities and their families. He has been a champion of human rights and sustained support for Medicaid and Long Term Support Services. He and his staff are always willing to support local issues that improve the lives of individuals with ALL abilities. Accepting for Congressman McGovern was Lisa Nelson.

Founder's Award: Commissioner Elin Howe, DDS



Commissioner Elin Howe of the Department of Developmental Services has defended and advocated on behalf of the

needs of individuals with intellectual and developmental disabilities and their families throughout the Commonwealth. Due to her advocacy and commitment to families, thousands of families had opportunities to share their voices; as a result, thousands of individuals and families were granted opportunities to aid with keeping their families united.

The Arc 2012 Golf Tournament

Driving rain and cold temperatures didn't deter golfers from enjoying the 29th Annual State Representatives Golf tournament on June 4, 2012 to benefit The Arc of Greater New Bedford. Former Senator William "Biff" MacLean was honored at the tournament for starting this tournament 29 years ago, and continuing to contribute to its success. The first place winners were Northern Wind Seafood, Inc. from New Bedford for the second year in a row. We raised over \$25,000.00 to fund our educational advocacy program for New Bedford. Thanks to all our State Representatives, golfers, sponsors, volunteers and staff for their efforts to help our agency advocate for families and their children with disabilities.

Save The Dates

Community Yard Sale
Saturday, September 29
8am – 2pm

Knights of Columbus,
North Providence, RI
Contact proAbility (401) 233-1634
if you wish to make a donation for the sale.

10th Annual Pancake Breakfast

Saturday, October 27
8-11am

PACC, Taunton

The Arc is now accepting donations of raffle prizes, breakfast ingredients and sponsorships for the event. Please contact TARC (508) 996-8551 for more information.

Summer Safety - How to prevent Lyme Disease



We've all heard about Lyme Disease in this area of the country but do you know how its transmitted and what to do to prevent it? Would you recognize the symptoms?

Research in the eastern United States has indicated that deer ticks transmit Lyme disease to humans during the nymph stage, probably because they are rarely noticed because of their small size (less than 2 mm). Adult ticks can transmit the disease, but since they are larger and more likely to be removed from a person's body within a few hours, they are less likely than the nymphs to have sufficient time to transmit the infection. Moreover, adult ticks are most active during the cooler months of the year, when outdoor activity is limited.

The risk of exposure to ticks is greatest in the woods and garden fringe areas of properties, but ticks may also be carried by animals into lawns and gardens, and even into houses on our pets!

SYMPTOMS

Early Lyme Disease: The early stage of Lyme disease is usually marked by one or more of the following symptoms and signs: fatigue, chills and fever, headache, muscle and joint pain, swollen lymph nodes, a red circular skin rash—"Bulls Eye". The symptoms very much mimic a typical flu!

Late Lyme Disease: Some symptoms and signs of Lyme disease may not appear until weeks, months, or years after a tick bite: Arthritis is most likely to appear as brief bouts of pain and swelling, usually in one or more large joints, especially the knees, nervous system abnormalities can include numbness, pain, Bell's palsy (paralysis of the facial muscles, usually on one side), and meningitis (fever, stiff neck, and severe headache). Less frequently, irregularities of the heart rhythm occur.

In some persons the rash never forms; in some, the first and only sign of Lyme disease is arthritis, and in others, nervous system problems are the only evidence of Lyme disease.

Treatment: Lyme disease is treated with antibiotics under the supervision of a physician. Most patients who are treated in both early and later stages of the disease respond well to treatment. In a few patients, symptoms persist, making additional antibiotic treatment necessary. Varying degrees of permanent damage to joints or the nervous system can develop in patients with late chronic Lyme disease. Typically these are people in whom Lyme disease was unrecognized in the early stages or for whom the initial treatment was unsuccessful. Rarely, deaths from Lyme disease have been reported.

PROTECTION

The chances of being bitten by a tick can be decreased with a few precautions.

- Remove leaves and brush around the house and at the edge of gardens
- Remove plants that attract deer

- Construct physical barriers (fences) to discourage deer from coming near homes
- Avoid tick-infested areas, especially in May, June, and July
- Wear light-colored clothing so that ticks can be spotted more easily
- Tuck pant legs into socks or boots and shirt into pants
- Tape the area where pants and socks meet so that ticks cannot crawl under clothing
- Spray insect repellent containing DEET on clothes and on exposed skin other than the face, or treat clothes (especially pants, socks, and shoes) with permethrin, which kills ticks on contact.
- Wear a hat and a long-sleeved shirt for added protection.
- Walk in the center of trails and walkways to avoid overhanging grass and brush.

The Arc received State recognition for Rebranding



On May 22, 2012, The Arc of Massachusetts presented a leadership award to The Arc of Bristol County

for its outstanding branding initiative. Incoming President of The Arc of Massachusetts, Frank Sally, commended the agency for its marketing plan and brand awareness.

Middleboro Arc helps Chair-ish Your Library event

Individuals from The Middleboro Day Habilitation Services created a special chair to be raffled off to benefit the Lakeville Library this spring. Over 31 chairs were up for auction, raising \$1,300 for the library. Middleboro Day Habilitation Services takes pride in being an active member of the greater Middleboro community.



Alicia Fuchs

Employee of the Quarter

Alicia Fuchs, Middleboro Day Habilitation program staff is this quarter's Employee of the Quarter. Alicia has been employed as a Day Habilitation staff since January 2011 and within this time frame established herself as a reliable staff with a can do attitude.

Alicia has used her passion for the arts in ways that benefit all involved. Alicia spearheaded an arts program to create a "Places We Will Go" theme quilt working not only with individuals who attend the Day Habilitation program but also coordinated the assistance of volunteers to aid in this project funded via grant from The Middleboro Cultural Council. Upon completion the quilt will be displayed within the community of Middleboro at various venues including the local library. Her efforts with this program extend beyond the walls of the day program and provide a creative way to show and educate the community on the abilities of day program participants.

Alicia has also been the primary staff for the Day Habilitation program's new extended day program. Within the extended day program Alicia has created a dynamic curriculum including photography, drama and a variety of crafts. Photographic works completed by extended day program participants will be displayed within the local DDS office and the Lakeville library. Alicia is beyond deserving of Employee of The Quarter for all the hard work she performs for The Arc. Congratulations Alicia!

Family Fun Day

The Arc's Family Support Services hosted a Family Fun Day on Sunday, June 24 at Fair Winds Farm in Berkley, MA. Children and families enjoyed face painting, kite making, bubbles and games followed by ice cream treats. Thanks to Wild Hearts Therapeutic Equestrian Program

(Julie Lovely, president and Mara Iwanicki, vice president) for assisting guests in riding and petting ponies. Thanks to Ashley Rautenstrauch for volunteering to face paint once again. Family Fun Day was funded in part by a generous grant from CVS Caremark.



ADMINISTRATION OFFICE

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Toll Free: (888) 343-3301
Web: www.arcnbc.org

THE ARC OF GREATER FALL RIVER

182 North Main Street
Fall River, MA 02720
Tel: (508) 679-0001 • Fax: (508) 679-9375

DAY HABILITATION SERVICES

205 West Grove Street
Middleboro, MA 02346
Tel: (508) 946-2121 • Fax: (508) 946-2195

THE ADVOCACY RESOURCE CENTER OF GREATER NEW BEDFORD

412 B County Street
New Bedford, MA 02740
Tel: (508) 996-8551 • Fax: (508) 996-8553

PROABILITY

333 George Washington Hwy.
Smithfield, RI 02917
Tel: (401) 233-1634 • Fax: (401) 233-1674

TAUNTON AREA RESOURCE CENTER

437 Bay Street
Taunton, MA 02780
Tel: (508) 884-2971 • Fax: (508) 884-2964



RETURN SERVICE REQUESTED

Achieve with us.

Super Special Dancers

Thanks to the generosity of the Lakeville Arts Council Massachusetts Cultural Council grant, nine young women participated in a dance class called "Super Special Dancers" this spring. The class was designed to promote creative movement for children and teens with challenges. Jocelyn Sanders taught the class at the Kalia Karr Studio for Dance in Lakeville, MA. Jocelyn started the special needs class five years ago when her daughter, who has cerebral palsy, loved dance. She decided to start a class for her daughter and others who couldn't easily participate in regular dance class. Dancers from The Arc enjoyed being "Super Special

Dancers" thanks to a grant from the Lakeville Arts Council, a local agency which is supported by the

Massachusetts Cultural Council, a state agency.

