



Project Rec- Connect

WINTER 2017



Administrative Office

141 Park St.

Attleboro, MA 02703

(508) 226-1445

www.arcnbc.org

**Taunton Area Resource
Center**

437 Bay St.

Taunton, MA 02780

(508) 884-2971

(508) 884-2964 (fax)

Wow, what a wild Fall! You never truly knew what to wear, the weather was warm one minute, cold the next. Hope everyone had a wonderful holiday season! Now , we are getting to where there will be some snow, colder temperatures, coats, hats, gloves are coming out and we are gearing up for the winter quarter of Project Rec- Connect events. What an great time of year, the start of a new year with great new possibilities. The events for the winter quarter are shaping up to be as much fun as the previous quarters have been. We will continue our non- stop adventures, from our karate classes, to rooting on our local college and professional teams. We will be offering some new events for the winter such as horse therapy, and snow tubing, and many other events of your choosing. We are always on the go. We're so excited for the winter to begin and try some new events that will be offered. There is something for everyone! We look forward to seeing all of you in the winter quarter participating in the many events that are planned. With the new year, It is that time of renewal of membership and enrollment.














In our efforts to help others with less means than ourselves, Project Rec-Connect is asking families, providers, and others that may want to help by donating a non-perishable good for donation to a local food pantry that we will deliver to in the month of April. In Advance we thank you for your donation.

We continuously strive to bring a variety of new and exciting events to our individuals and families. Our goal is to make sure that every individual has the chance to participate. If you have any questions or concerns, please contact Troy Hixon at (508) 884-2971 ext. 2201, or by email at thixon@arcnbc.org.













United Way
of Greater Attleboro/Taunton










JANUARY 2017

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1		2	3 Dining with the Arc 6-9:30p	4  Karate 4:15-7p	5	6	7
8		9	10  Bowling 6-8p	11	12	13  "Mary Poppins" Show 5:30-11p	14
15		16	17	18  Karate 4:15-7p Miles of Smiles Dance 7-9p	19  College Hockey 5:30-10:30p	20 GO Night 7-9p	21  College Basketball 11:30a-3:30p
22		23  Dinner & Movie 5-9:30p	24  Bowling 6-8p	25  Karate 4:15-7p	26  Fran's Dance 7-9p	27	28  Tea Party 11:30a-3:30p
29		30  Horse Therapy 3:30-7:30p	31  Bowling 6-8p				

February 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1  Karate 4:15-7p	2	3  "Our TOWN" Show 7-11p	4  College Basketball 12-3p
5	6  Dave & Busters 4-9p	7 Dining with the Arc 6-9:30p	8	9	10  Snowtubing 2-9p	11  Lunch & Movie 11a-4:30p
12	13  Horse Therapy 3:30-7:30p	14  Bowling 6-8p	15  Karate 4:15-7p	16	17 GO Night 7-9p	18
19	20	21  Bowling 6-8p	22  Karate 4:15-7p	23	24	25
26	27	28  Bowling 6-8p				

March 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1  Karate 4:15-7p	2  K1 Speed 4-9p	3 "Yayna, Sonia, & Masha & Spike" Show 7-11p	4  Buddhist Temple Tour 9a-1p
5	6  Horse Therapy 3:30-7:30p	7 Dining with the Arc 6:30-9:30p	8  Karate 4:15-7p	9  Karate 4:15-7p	10  Karate 4:15-7p	11  St. Patrick's Dance 7-9p
12	13  Bowling 6-8p	14  Bowling 6-8p	15  Karate 4:15-7p	16  Karate 4:15-7p	17  GO Night 7-9p	18  College Lacrosse 10:30a-4p
19	20 Self Advocate Group 5-6p	21  Bowling 6-8p	22  Karate 4:15-7p	23  College Baseball 3-8p	24  College Baseball 3-8p	25  College Baseball 3-8p
26	27  Bowling 6-8p	28  Bowling 6-8p	29  Karate 4:15-7p	30  Fran's Dance 7-9p	31  Dinner Movie 5:30-9p	



Project Rec-Connect Guidelines

GENERAL INFORMATION

The goal of Project Rec-Connect is to provide quality recreation and life enrichment activities to increase an individual's sense of confidence, self-esteem, and accomplishment. We want people to participate in the structured and unstructured activities within a personal or group setting. It is our goal to assist with developing and nurturing friendships, increase self-esteem, and self worth for individuals. We promote fun, friendship, good health, competition, and learning for everyone.

REGISTRATION

Once you decide what activities you would like to participate in, please mail the completed registration form back to The Arc of Bristol County *attn. Recreation*. Once you are registered, you will receive a calendar on a quarterly basis, once you have received your calendar please read thoroughly the descriptions of activities and the registration form. Once you have decided what activities you would like to attend, mail the registration form back to The ARC of Northern Bristol County *attn. Recreation*. Please note that these activities fill up very quickly, we recommend that you mail back your registration form as soon as possible.

Program schedules, fees, instructors, policies and procedures are subject to change. If minimum participation numbers are not met, activities are subject to cancellation

WAITING LISTS

You will automatically be placed on the waiting list without payment should your event choice be full. The Recreation Department will contact those on the waiting list, in order of placement, should an opening occur. Being placed on the waiting list does not guarantee enrollment in the event. Please do not attend the activity unless you have been notified of your registration.

PAYMENT

Checks made payable to The Arc of Bristol County. Full payment must accompany registration unless otherwise stated. We cannot register you for an activity until full payment is received. There is an annual enrollment fee of \$60 for Arc members or \$100 for non Arc members.

In the event that payment poses financial hardship, scholarships will be awarded. For consideration, please write a letter to the Director of Adult Services requesting such assistance.

TRANSPORTATION

Please note the LOCATION, START and FINISH times of each activity and plan accordingly. Please do not drop off participants more than 5 minutes early or pick them up late. If you are unable to attend an activity due to transportation difficulties, please contact us. We will work with you to try and make alternative arrangements. Please note that this may require a fee.

REFUNDS/CANCELLATIONS

You must notify the Recreation Department at least two (2) days in advance of your cancellation in order to receive a refund. Credit or refunds will be granted if Recreation changes the location, time, or date of the activity which prohibits attendance or if the department cancels the program due to insufficient registration. Refunds will not be granted for special events requiring advance purchase of tickets unless a replacement is found. In the event of no-shows a refund can not be granted due to insufficient time of replacement. In the event that an activity is cancelled due to inclement weather or a significant emergency, payment will be refunded. If any individual that has missed three (3) consecutive events not due to an emergency (medical, family, etc.) you will unfortunately be removed from events that are remaining for that quarter, and a partial refund will be issued if prepaid for the quarter.

EMERGENCY FACT SHEETS

All individuals must submit an updated, signed copy of the Emergency Fact Sheet annually before participating in programs. You only have to submit this form once per calendar year, no matter how many Recreation programs you plan to sign up for, unless there has been a significant change in your health status. If so, please let us know so we can get your form updated.

In addition, we must be notified of any special dietary/medical needs. If an individual becomes ill during an activity, the primary contact will be contacted to arrange for pick-up. In the event of any accident/incidents, all issues will be reported to appropriate agency personnel, regulatory agencies, and/or parents/guardians. Please ensure that all contact numbers are up-to-date.

SPECIAL CONSIDERATIONS

If a participant needs specialized staff assistance for medical, physical, or behavioral needs, we request that a staff, personal care attendant, and/or family member join the activity. In such cases, please notify the recreation department so that we can plan ahead due to space limitations. Project Rec-Connect cannot provide individualized supports.

When an event is larger than seven participants, an additional volunteer or staff member will be assisting the Recreation Coordinator on the event/activity. The recreation Coordinator will make confirmation calls to all participants the day prior to the event. These calls will include information about appropriate attire, food, personal funds, staff/volunteer availability, and the drop off and pick up times and locations.

Project Rec-Connect staff and volunteers are all trained and certified in First Aid and CPR. In addition there is a mobile AED (Automated External Defibrillator) available for all activities that can be transported in the vehicles while out in the community.

Additional information regarding Project Rec-Connect is available by calling (508) 884-2971 or via email: thixon@arcnbc.org.

The Arc of Bristol County
Winter 2017
Registration Form

Name: _____ Total: _____

Address: _____ Age: _____

City/Town/zip: _____ Email: _____

Emergency Contact: _____ Phone: _____

Individuals Signature: _____ Parent/Guardian Signature: _____

Please complete and mail registration to Troy @ Arc of Bristol County 437 Bay St. Taunton, MA 02780

Events Dates Time Fee Location

Health & Wellness

Karate	1/4-3/29	4:15-7p	\$12.00 per class	Arc Attleboro 4:15p
				E. Taunton Kenpo Karate 5p 103 Old Colony Ave.
Bowling	1/10-3/28	6-8p	\$5.00pp	TARC 5p
				E. Providence Lanes 80 Newport Ave.
GO Night	20-Jan	7-9p	\$5.00pp	Attleboro YMCA Pleasant St. Branch
	17-Feb			
	17-Mar			
Horse Therapy	30-Jan	3:30-7:30p	\$25.00 per Class	TARC 3p
	13-Feb			Arc Attleboro 3:30p
	6-Mar			

Dances

Miles of Smiles Dance	18-Jan	7-9p	\$7.00pp (pay @ door)	Arc Attleboro 7p
				N. Attleboro Elks Club 7p 52 Bulfinch St.
Fran's Dance	26-Jan	7-9p	\$3.00pp (pay @ door)	Arc Attleboro 6:30p
	30-Mar			PACC- Taunton 175 School St.
St. Patrick's Dance	11-Mar	7-9p	\$7.00pp	TARC 6p
				Arc Attleboro 6:30p
				Canoe River Campground 7p 137 Mill St. Mansfield

SPORTS

College Hockey	19-Jan	5:30-10:30p	\$10.00pp	TARC 5p
				Arc Attleboro 5:30p

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College Basketball	21-Jan	11:30a-3:30p	\$8.00pp	TARC 11a
				Arc Attleboro 11:30a
	4-Feb	12-3p		TARC 11:30a
				Arc Attleboro 12p

College Lacrosse	18-Mar	10:30a-4p	\$10.00pp	TARC 10a
				Arc Attleboro 10:30a

College Baseball	23-Mar	3-8p	Free	TARC 2:30p
				Arc Attleboro 3p

Social Events

Dining with the Arc	3-Jan	6-9:30p	\$25.00pp	TARC 5:30p
	7-Feb			Arc Attleboro 6p
	7-Mar			

Dinner & Movie	23-Jan	5-9:30p	\$27.00pp	TARC 4:30p
				Arc Attleboro 5p

Lunch & Movie	11-Feb	11a-4:30p		TARC 10:30a
				Arc Attleboro 11a

Dinner & Movie	31-Mar	5:30-9p		TARC 5p
				Cinema Pub 5:30p

Tea Party	28-Jan	11:30a-3:30p	Free	TARC 11a
				Arc Attleboro 11:30a

Dave & Busters	6-Feb	4-9p	\$30.00pp	TARC 3:30p
				Arc Attleboro 4p

Snow Tubing	10-Feb	2-9p	\$23.00pp	TARC 11:30a
				Arc Attleboro 12p

Buddist Temple Tour (NMR Meditation Center)	4-Mar	9a-1p	Free	Arc Attleboro 9a
				NMR Center 9:30a
				382 South St. East
				Raynham

K1 Speed	9-Mar	4-9p	\$41.00 pp	TARC 3:30p
				Arc Attleboro 4p

Self Advocate Group	20-Mar	5-6p	Free	TARC 4p
				Arc Attleboro 5p

Theatrical Shows

"Mary Poppins" Show	13-Jan	5:30-11p	\$19.00pp	TARC 5p
				Arc Attleboro 5:30p

"Our Town" Show	3-Feb	7-11p	\$30.00pp	TARC 6:30p
				Arc Attleboro 7p

"Vayna, Sonia & Masha & Spike" Show	3-Mar	7-11p	\$13.00pp	TARC 6:30p
				Bates Masonic Lodge 7p